

# Creating Your Dream Scene

With effective communications! With diaperperv, your incontinence coach





## Creating Your Dream Scene

I created this because there are many ABDL's who have never engaged in play with another person or have limited experience in interactions with someone else. Perhaps you have a willing partner who wants to learn but you're not sure how to express all these fantasies & desires you've had floating through your head for many years. When the time comes for you to have the opportunity to engage in it, whether it's with a friend, partner, or pro, I hope these can help you express what you want out of the interaction.

# About diaperperv:



I've been abdl aware since I got my first computer in 1996 at 19 & that's when I first discovered Wetset & then DPF.

Created ABDL (adultbabygirl & ineedamommy) & other fetish sites at 2006.

Was lifestyle in other fetish for many years that involved a M/S dynamic, which I have now abandoned because it left me.

Started offering pro-diaper fantasy facilitation services in late 2015 & have made 100's of diaper fantasies come true in time limited interactions. I have a full nursery in my home.

This has been my personal fetish (again) since Capcon 2018; this is my lifestyle and I try to be as active as I can in it.

**IG: @diaper.perv Fetlife & Twitter: @diaperperv**

# 1st Step: Self Acceptance



This is a whole other class on it's own. You're already ahead of the game since you're all here.

Realize that the world views around you have already changed. Gender roles aren't the same as they were in the past and the new generation of humans growing up in this new age don't have the same strict and narrow gendered expectations as their grandparents did.

This fetish is actually way more in the open and normalized than you think. I've had non-abdl ppl guess it on their first try.

Try outwardly verbalizing it, even to yourself. Hearing yourself say it outloud will help when it's time to tell someone else.

# What this class is not!



**NOT:**

**How to come out to your partner or future partners**

**How to find a caregiver**

**How to make your partner accept abdl**

**How to coach someone into being a “mommy” or “daddy”**

**There’ll be open Q&A at the end where I can give my personal advice on any/all questions.**

# Turning your fantasies into words:



So you've watched videos & had fantasies since you were young, looked at pics, read stories and now there's a live person in front of you going "yes, tell me more. what do you want?"

**Examples of bad communication:**

*"I just want a mommy to do mommy things"*

*"You can do anything to me you want"*

*"I just want to be humiliated and diapered"*

**I ENCOURAGE EVERYONE TO GO THROUGH ALL THESE QUESTIONS AT HOME & WRITE DOWN THEIR ANSWERS TO EACH.**

# Creating that One Dream Scene



(from my POV as a Pro, that means time limited. This is my personal process/flowchart)

I'll ask if they've ever interacted with anyone else before in their ABDL fantasies and how the experiences were.

What would you like to experience in our time together today? I'll get answers as vague as "diaper punishment" "forced diapering" "having a mommy" & sometimes "I don't really know"

# Creating that One Dream Scene



I usually ask them what their top fantasy is. If they can't express it or say "not sure" then I ask, what are the top 3 videos you enjoy watching (or other media) whether it be stories, captions or an amalgamation of several things. That gets things started!

Sometimes the videos they watch are vastly different so I try to see what they have in common, if it's a general common theme, what acts are present in all, and the general feelings of them.

I point out the main elements that seem the most important/recurring to affirm these points



# Words/terms means something different to everyone



Saying "diaper punishment" or "humiliation" isn't enough & everyone will interpret that differently depending on their understanding of ABDL, their personal experience and what they think it may mean. Don't just guess because that's when lines can get crossed. Humiliation can mean anything that person interprets, from verbal degradation to just verbal reminders about how much you need diapers = completely different! Does it mean being spanked & forced diapered? To some it may. For some it could mean forced on their knees to scrub the kitchen floor while being flogged. For some, humiliation means being put back into diaper while being reminding what a baby they are and being diaper checked cuz that's the most humiliating thing they can think of to put them in that headspace.

**ALWAYS ASK FOR CLARIFICATION ON THE TERMS.**

What does this mean to you? what acts are associated with it?

# What acts are important vs non important



(esp in a time limited scene, more for AB's)

examples: bubble baths, feeding time, coloring, storytime.

Hearing the acts will help them and you prioritize everything & they'll tell you what they don't want or indifferent about.

# How do you want to feel?



There's no right or wrong in this, everyone interprets it how they want to.

A lot of times, this will reveal the essence of the whole session/scene & how you, as a big, can tie it all together. They can describe a super hardcore spanking, forced diapering with restraints & say "To feel like Mommy loves me & wants the best for me."

Things I've heard "to feel little and helpless" "carefree" "I have no choices & mommy decides" "to feel cared for and loved"

# Is there a specific opening you think about?




Sometimes they have one specific thing their fantasies always start with, like wetting their pants & mom is not happy!

Sometimes they've never thought about any openings & that's where the big can use their imagination to create a plausible real life scenario to incorporate all the other elements and tie them together as organically as possible in a flowing timeline.

**WHAT % OF THE TIME DO YOU FANTASIZE ABOUT DIAPERS WHEN YOU MASTURBATE?**

Gauges how sexual it is for them & if it fluctuates.

# What do you think about right before you cum?



I word it as "when you're fantasizing, what's the thing that makes it go from "This feels great" to "Oh Crap, I'm cumming!"

For some it's a specific thing or action, for some it's a feeling.

I find, it's usually the same thing or a few things that get cycled through regularly. It helps when you're doing a different act & you can verbally create the fantasy when it's time:

example: we're in the crib using the wand & if what they focus on is being changed, obviously I can't change them & use the wand at the same time. So I'll start painting a super hot fantasy about having to change them in a public bathroom at the mall & interject all the small details or ladies walking by & giggling at his bare bum being wiped, etc

# What role do you see me as?



**AT THE END, AFTER ALL THE TALKING, I ASK THEM "WHAT ROLE DO YOU SEE ME AS?"**

**Sometimes it changes from our discussion, sometimes I suggest one that is realistic and sometimes they're set on what it was before they get there.**

**I tell them "Be free to be your little self or however you want to be. I'm merely reacting to you!"**

# Don't Feel Pressured to "act!"



## As a little

Many ppl have never been their ageplay selves with another person so they don't know how they'll be until it happens.

Sometimes I suggest a short playtime period by yourselves to get into the space, like coloring, watching a cartoon.

Don't act like you imagine a \_\_\_yr old would act.. like be you & have fun.

Trust the other person isn't going to judge.

## As a Big

Bigs that aren't sure what their partner wants or never played and puts pressure on themselves to be the perfect mommy or whatever top role, will tend to "act" like they think a "mommy" or "nurse" etc would "act like." Don't do that as it'll come off fake or inauthentic.

Just be YOU... how would you be if you were really a mom, babysitter, wife finding out your secret, etc. They want you to be you & having fun!

## Toys:

if toys are going to be involved, look at the actual toys together first to approve them. Your definition of Small or Medium may NOT be theirs. You can't be shoving a "small" 5 inch plug up their bottom when "small" meant ONE finger size to them. Use condoms on them if they're shared toys.

**Discussing Limits:** What's totally cool, what's on your hard no list and what are you curious about trying.

**Disclosure of past traumas:** That could trigger you to have a negative reaction.

**Safe Words:** The traffic lights system is the most common one

**Red - Stop right now.**

**Yellow -** slow down, proceed with caution, not so hard, ease up.

**Green -** It's great!! More!



## Sexual Contact:

**Sexual touch or activity is not a given.**

**Make sure that you explicitly negotiate whether this will be an aspect of the scene.**

**If the answer is yes, then you need to define just how far it will go.**

**Don't forget to negotiate safer sex agreements while you're at it.**

**It's never safe to assume that other people are on the same page as you when it comes to barrier use or any other aspect of safety.**

## Aftercare:

This is generally a BDSM term and it's important when it's contrasted with something hardcore that's happening, but within the AB/DL session, the caregiver would make sure the little felt safe, secure and cared for in the headspace and realm.

In the end, it's safe to guess that every AB & DL wants to feel accepted for who they are and care for. It's ok to ask/tell them if you have specific needs "more cuddles mommy!"

For myself, it's woven in naturally to the scene/session and ties back to "How they want to feel." At the end, I take the time to make sure they're good, comfortable and cared for.

## Afterwards:

Events will take time to digest so I encourage them to give me feedback after everything sinks in and they have time to reflect. Writing things down will help you organize and gather your thoughts while not being pressed for time.

What did you like most about our time together?

Is there something you wanted more of? Less of?

Is there something we did that you realized wasn't for you?

Is there something you want to try the next time?

## **Your questions:**

- best way to get as specific as possible without overwhelming your partner**
- make your dream scene but make it fun for both parties and not just about you.**
- How do you handle less intimate or less formal negotiations, like getting permission to little out or be treated younger around friends or roommates?**
- I would like help negotiating “funishments” I would like receive w/o doing something wrong to deserve it.**

**I have been with the same woman for the past 29 years. I never cheated on her. But I only came out to her about my ABDL kinks last July. Yeah it took me a long time to work on myself, accept myself, and find the confidence to come out of the closet. She still doesn't understand. She still doesn't approve. But we still love each other and she now understands that this is a part of me that will never go away. How could I go any further and slowly get her into kinky stuff? She is totally vanilla.**